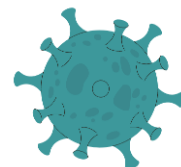


Wellness Hub for Shelters: Monkeypox Virus (MPV) Resource Package

Purpose: this resource package was created by the Wellness Hub and Inner City Health Associates (ICHA) teams to provide a list of essential resources and guidance, in order to support frontline staff in shelters and congregate care settings with the Monkeypox Virus outbreak.



What is the Monkeypox Virus?

- The **Monkeypox Virus (MPV)** is a virus that **spreads through close contact** with someone who is infected ¹
- Symptoms include **fever or chills, headache, muscle aches, backache, swollen lymph nodes**, feeling very **tired, runny nose, rash with blisters, cough or sore throat** (sometimes) ¹
- The MPV Rash (shown in the image below) **begins as flat red spots** then turns into **blisters and forms a crust**. It is usually **found on palms of hands, soles of the feet**, inside the **mouth**, on the **genitals/ anorectal** (or bum) area. ^{1,2}



Image adapted from Centers for Disease Control (CDC) ³

Summary Table: Key Monkeypox Resources for Congregate Care Settings

Background Information & Prevention		
Resource Title (Source, Date)	Resource Description	Link
Monkeypox Fact Sheet (City of Toronto, July 2022)	A fact sheet that summarizes: symptoms & diagnosis, transmission, lists ways to prevent spread, information about vaccination, and what to do if you think you are infected with MPV	https://www.toronto.ca/wp-content/uploads/2022/07/8ee4-MonkeypoxFactSheetF.pdf
Key Facts (Ontario Ministry of Health, July 2022)	Key Facts about the Monkeypox Virus, including a Q&A section with information on spread, what to do in the case of exposure or symptoms, vaccines and treatments, etc.	https://www.health.gov.on.ca/en/pro/programs/emb/monkeypox.aspx#facts
Exposure, Infection , Vaccination & Treatment		
What to do if you think you have Monkeypox (City of Toronto, July 2022)	Guidance for individuals on how to isolate, get tested, and manage exposure or infection with Monkeypox.	https://www.toronto.ca/community-people/health-wellness-care/health-programs-advice/monkeypox/?accordion=monkeypox-vaccine-eligibility
Monkeypox: symptoms, getting tested, what to do if you're infected or	The official recommendations for Canadians.	https://www.canada.ca/en/public-health/services/diseases/monkeypox/symptoms-management.html

were exposed (<i>Public Health Agency of Canada, June 2022</i>)		
Monkeypox Vaccine Eligibility (<i>City of Toronto, July 2022</i>)	Eligibility criteria for the Imvamune vaccine published by the City of Toronto.	https://www.toronto.ca/community-people/health-wellness-care/health-programs-advice/monkeypox/?accordion=monkeypox-vaccine-eligibility
Monkeypox Vaccine Clinics & Hours (<i>City of Toronto, July, 2022</i>)	List of locations and hours of local vaccine clinics, available for high risk populations. Note: OHIP card <u>not needed</u> to receive a vaccine	https://www.toronto.ca/community-people/health-wellness-care/health-programs-advice/monkeypox/?accordion=monkeypox-vaccine-eligibility
IPAC (Infection Prevention and Control) Guidance & Procedures:		
Interim guidance on infection, prevention and control for suspect, probable or confirmed monkeypox within Healthcare settings – 27 May 2022 (<i>Government of Canada, May 2022</i>)	A summary of the interim IPAC recommendations for managing possible exposed or positive individuals, including routine practices, additional practices, cleaning & disinfection, etc.	https://www.canada.ca/en/public-health/services/diseases/monkeypox/health-professionals/interim-guidance-infection-prevention-control-healthcare-settings.html
Latest Announcements:		
Monkeypox: Latest announcements (<i>Government of Canada</i>)	Latest updates and announcements on the outbreak information of Monkeypox in Canada	https://www.canada.ca/en/public-health/services/diseases/monkeypox.html#a3 June 27, 2022 update: https://www.canada.ca/en/public-health/news/2022/06/update-on-monkeypox-in-canada---june-27-2022.html
Monkeypox (<i>Public Health Ontario, May 2022</i>)	Provincial website for MPV (updated twice weekly on Tuesday & Friday) where weekly summary reports of Monkeypox in Ontario can be found	https://www.publichealthontario.ca/en/Diseases-and-Conditions/Infectious-Diseases/Vector-Borne-Zoonotic-Diseases/Monkeypox
Webinars & Videos:		
WHO's Science in 5: Monkeypox (<i>World Health Organization, June 09, 2022</i>)	What are the symptoms of Monkeypox? Who is at risk and how can we protect ourselves? Why is WHO concerned about it? WHO's Dr. Rosamund Lewis explains in Science in 5.	https://youtu.be/b4JQda94Yqo
Monkeypox: information for service providers Webinar (<i>CATIE, June 29, 2022</i>)	A multi-speaker panel, including representatives from public health, clinicians and community-service workers, discussing current concerns and facts about MPV.	https://www.catie.ca/monkeypox-information-for-service-providers-in-canada (Duration: 1.5 hours)

Posters & Visual Aids for Congregate Care Settings:

- **Prevent the spread of Monkeypox poster** (City of Toronto): <https://www.toronto.ca/wp-content/uploads/2022/07/8eed-General-Prevention-Poster.pdf>
- **Reduce the spread of Monkeypox when using drugs** (City of Toronto): <https://www.toronto.ca/wp-content/uploads/2022/07/871b-Prevention-and-Drug-Use.pdf>
- **Monkeypox for people who are Sexually Active Info Sheet** (CDC): <https://www.cdc.gov/poxvirus/monkeypox/pdf/MonkeyPox-sexually-active-InfoSheet-508.pdf>
- **How to Clean your Hands** (City of Toronto): <https://www.toronto.ca/wp-content/uploads/2020/12/927f-COVID19-Clean-your-hands-redo-V5.pdf>
Available in other languages at: <https://www.toronto.ca/home/covid-19/covid-19-spread-the-word/>

Websites for more information:

- **City of Toronto:** <https://www.toronto.ca/community-people/health-wellness-care/health-programs-advice/monkeypox/>
- **Public Health Ontario:** <https://www.publichealthontario.ca/en/Diseases-and-Conditions/Infectious-Diseases/Vector-Borne-Zoonotic-Diseases/Monkeypox>
- **Ministry of Health:** <https://www.health.gov.on.ca/en/pro/programs/emb/monkeypox.aspx>
- **Public Health Agency of Canada:** <https://www.canada.ca/en/public-health/services/diseases/monkeypox.html>
- **World Health Organization (WHO) :** <https://www.who.int/news-room/fact-sheets/detail/monkeypox>
- **Centers for Disease Control (CDC):** <https://www.cdc.gov/poxvirus/monkeypox/index.html>

Coming up next from the Wellness Hub for Shelters Program:

- **Wellness Hub Vaccine Champions eLearning course** (September 2022): a free, 1-hour eLearning course designed to train Vaccine Champions to assist with ongoing vaccine uptake & vaccine confidence in congregate care (Note: Vaccine Champions to be determined/ nominated by site leaders). (For questions regarding this course, please contact Hannah.Whibbs@unityhealth.to)

If you have any questions or comments, please don't hesitate to contact our team at wellnesshub@unityhealth.to



www.wellness-hub.ca



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[KT Program](#)

References:

1. <https://www.toronto.ca/wp-content/uploads/2022/07/8ee4-MonkeypoxFactSheetF.pdf>
2. <https://www.health.gov.on.ca/en/pro/programs/emb/monkeypox.aspx#facts>
3. https://www.cdc.gov/poxvirus/monkeypox/resources/images/Monkeypox-Visuals-1200x675-02.jpg?_=01808?noicon