

Wellness Hub

A Research and Support Program for Long-term Care Homes and Retirement Homes



Participate in a COVID-19 Research Study Today!

Your Long-Term Care Home (LTCH) or Retirement Home (RH) is currently participating in the **Wellness Hub Research and Support Program**. Through the Wellness Hub program, we are supporting your LTCH or RH and trying to understand the spread of COVID-19 infection in the LTCH/RH population. To do this, we hope to estimate:

1. How many people have been infected with COVID-19 in LTCHs/RHs.
2. The factors that are associated with COVID-19 infections.



Are you eligible to participate?

You are eligible, if you are a:

- Staff
- Staff's household member
- Resident
- Resident's family member, caregiver and/or essential care partner

How do I participate?

Please either:

- Email **the Wellness Hub team** from the Knowledge Translation Program, St. Michael's Hospital, Unity Health Toronto at WellnessHub@unityhealth.to, or leave a message for the Wellness Hub team at 416-864-5697;
- Approach a Wellness Hub or LTCH/RH team member on-site; or
- **If applicable, approach the Wellness Hub Enrollment Station on-site.**

The next steps will be to:

- 1 Determine if you are eligible to participate
- 2 Fill out the consent form
- 3 Complete the demographic questionnaire
- 4 Complete a dried blood spot sample collection

What would my participation require?

Complete a Demographic Questionnaire about relevant demographic characteristics, such as your age, sex, gender, ethnicity, education, and more now and potentially at a follow-up time point (depending on recruitment timelines).

Complete a Dried Blood Spot (DBS) sample that will identify whether you have antibodies against COVID-19 now and potentially at a follow-up time point (depending on recruitment timelines).

- We can provide you with your antibody results with interpretation and supports.
- Please refer to the instruction sheet for guidance on how to complete the DBS sample.

Provide your OHIP (Ontario Health Card) number. This will allow us to link your study data to your health information, and access information about COVID-19 infection and re-infection, hospitalizations, vaccination status, health conditions, and more.

- Participation in this component is optional.

Provide consent for having your personal health information (PHI) and COVID-19 exposure and diagnostic status securely transferred to Sinai Health System who may contact you to invite you to participate in other COVID-19 studies.

- Participation in this component is optional.

To find out more about Wellness Hub, please visit: www.wellness-hub.ca

For more information or general inquiries contact: wellnesshub@unityhealth.to

