

What is Wellness Hub?



Attention staff: Your long-term care home/retirement home (LTCH/RH) is currently participating in the Wellness Hub Research Program.

We are looking for LTCH/RH staff to be participants in this program.

We want to better understand how to prevent the spread of COVID-19 and help you and your LTCH/RH respond to the pandemic!

The Wellness Hub program is focused on helping LTCHs and RHs during and beyond the pandemic by:

- Providing supports to LTCHs and RHs to promote the use of best practices in staff wellness and infection prevention and control and increase the uptake of vaccine confidence and other wraparound care resources in order to prevent and manage infectious disease outbreaks and promote well-being in LTCH/RHs.
- Conducting research to better understand how to prevent and manage the spread of COVID-19 in LTCH and RH settings.



What would my participation involve as a LTCH/RH staff?

As a staff member at this LTCH/RH, you have the opportunity to participate in research that will help us better understand the spread of COVID-19. Participation is optional. Your LTCH/RH will still have access to the resources outlined above whether or not you choose to participate.

If you enroll in the Wellness Hub Research Program, you will be asked to participate in the following activities:

1. Provide a dried blood spot samples (DBS) for COVID-19 antibody testing, now and potentially at a follow-up time point (depending on recruitment timelines). Participants have the opportunity to receive their individual antibody results with interpretation and supports.
2. Complete a demographic questionnaire now and potentially at a follow-up time point (depending on recruitment timelines) and the opportunity to link your study data to your OHIP information to allow the project team to better understand factors associated with COVID-19 infection.
3. [Optional] Consent to being contacted by another Toronto hospital about a potential opportunity to participate in other studies about correlates of protection against COVID-19.

How do I participate?

To participate in the Wellness Hub research program OR for more information on the study, please either:

- Email **the Wellness Hub team** from the Knowledge Translation Program, St. Michael's Hospital, Unity Health Toronto at wellnesshub@unityhealth.to, or leave a message for the Wellness Hub team at 416-864-5697;
- Approach a Wellness Hub or LTCH/RH team member on-site; or
- **If applicable, approach the Wellness Hub Enrollment Station on-site.**

If you are receiving this information from your LTCH/RH, you may be approached by a member of the study team to assess your interest in participating.

If you do **not** want to be approached about the Wellness Hub research program, please let your LTCH/RH know.



Who is leading the Wellness Hub Program?

This initiative is funded by the COVID-19 Immunity Task Force (<https://www.covid19immunitytaskforce.ca/>) and led by many hospital, public health, government, and non-profit groups across Ontario. More information on who these groups are is available upon request.

