

What is Wellness Hub?



Attention long-term care home (LTCH/RH) residents: Your LTCH/RH is currently participating in the Wellness Hub Research Program.

We want to better understand how to prevent the spread of COVID-19 and help your long-term care home respond to COVID-19.

What is our objective?

- We want to 1) support your LTCH/RH respond to COVID-19 by providing supports for infection prevention and control and staff wellness, 2) conduct research to better understand how to prevent and manage the spread of COVID-19 in LTCH and RH settings.

We are looking for LTCH/RH residents to participate in the Wellness Hub Research Program.

As a resident, you have the opportunity to participate as an individual in the Research Program. Participation is optional. Your LTCH/RH will still have access to the LTCH/RH-level resources outlined above whether or not you choose to participate.

If you enroll in the Wellness Hub Research Program, you will be asked to participate in the following activities:

1. Provide a dried blood spot samples (DBS) for COVID-19 antibody testing, now and potentially at a follow-up time point (depending on recruitment timelines). Participants have the opportunity to receive their individual antibody results with interpretation and supports.
2. Complete a demographic questionnaire now and potentially at a follow-up time point (depending on recruitment timelines) and the opportunity to link your study data to your OHIP information to allow the project team to better understand factors associated with COVID-19 infection.
3. [Optional] Consent to being contacted by another Toronto hospital about a potential

opportunity to participate in other studies about correlates of protection against COVID-19.

How do I participate?

To participate in the Wellness Hub research program OR for more information on the study, please either:

- Email **the Wellness Hub team** from the Knowledge Translation Program, St. Michael's Hospital, Unity Health Toronto at wellnesshub@unityhealth.to, leave a message for the Wellness Hub team at 416-864-5697;
- Approach a Wellness Hub or LTCH/RH team member on-site; or
- **If applicable, approach the Wellness Hub Enrollment Station on-site.**

If you are receiving this information from your LTCH/RH, you may be approached by a member of the study team to assess your interest in participating.

If you do **not** want to be approached about the Wellness Hub research program, please let your LTCH/RH know.

Who is leading the Wellness Hub Program?

- This initiative is funded by the COVID-19 Immunity Task Force (<https://www.covid19immunitytaskforce.ca/>) and led by many hospital, public health, government, and non-profit groups across Ontario. More information on who these groups are is available upon request.

